

Continuing Education Courses from the PREMIER Provider of Sleep Medicine Education

AMERICAN ACADEMY OF SLEEP MEDICINE

2014 NATIONAL SLEEP MEDICINE COURSE

Hyatt Regency O'Hare | Rosemont, IL | September 11-14, 2014

Hear sleep medicine updates while earning
CME and MOC credits!

Register Early to Save! www.aasmnet.org/events.aspx





IMPORTANT DATES

August 15, 2014	Advanced Registration Deadline
August 15, 2014	Hotel Reservation Deadline (Discounted rate of \$159/Night)
August 22, 2014	Cancellation Deadline



REGISTRATION FEES

NATIONAL SLEEP MEDICINE COURSE

	On or before August 15, 2014	After August 15, 2014
AASM Member/ Center Member*	\$1,000	\$1,100
Nonmember	\$1,200	\$1,300

NATIONAL SLEEP MEDICINE COURSE AND INTENSIVE SCORING REVIEW

	On or before August 15, 2014	After August 15, 2014
AASM Member/ Center Member*	\$1,200	\$1,345
Nonmember	\$1,495	\$1,640

**AASM Center Members may send up to 4 staff at the discounted member price.
See page 12 for Center Member registration info.*

NATIONAL SLEEP MEDICINE COURSE

September 12 – 14, 2014 | Hyatt Regency O'Hare | Rosemont, IL
Earn up to 22.50 AMA PRA Category 1 Credits™

The National Sleep Medicine Course is a two-and-a-half-day course during which an expert faculty of academicians and clinicians at the forefront of the field will present on current topics in sleep medicine. The course includes a mixture of didactic sessions and case-based lectures on the entire range of sleep disorders in the *International Classification of Sleep Disorders, Third Edition*, case-based lectures on novel topics important to sleep medicine clinicians and question-based self-assessment presentations. Question-based sessions will help you test yourself on sleep related breathing disorders and general sleep disorders, with the chance to earn ABIM and ABPN Maintenance of Certification credit to satisfy Part II of your MOC.

TARGET AUDIENCE

This course is intended for physicians seeking to remain current in sleep medicine through a broad review of sleep disorders or planning to take the 2015 certification examination in sleep medicine.

COURSE OBJECTIVES

Upon completion of the course, participants will be able to:

- Formulate a differential diagnosis for patients with sleep disorders;
- Determine appropriate investigative strategies;
- Evaluate data and arrive at a final diagnosis; and
- Develop a comprehensive treatment plan for patients with sleep disorders.

FACULTY

Raman Malhotra, MD - Chair
Nancy Collop, MD
Charlene Gamaldo, MD
David Plante, MD
Naresh Punjabi, MD

Carol Rosen, MD
Charles Samuels, MD
Michael Sateia, MD
Michael Silber, MBChB
James Wyatt, PhD

AGENDA

NATIONAL SLEEP MEDICINE COURSE AGENDA

FRIDAY, SEPTEMBER 12

7:00am – 8:00am	Continental Breakfast*, Registration and Welcoming Remarks
8:00am – 8:45am	Complex Sleep-Related Breathing Disorders <i>Neil Freedman, MD</i>
8:45am – 9:45am	Evolving Roles of OCST and Auto-titrating devices <i>Nancy Collop, MD</i>
9:45am – 10:00am	Break
10:00am – 11:00am	CPAP Adherence <i>Neil Freedman, MD</i>
11:00am – 12:00pm	Test Your Knowledge: Obstructive Sleep Apnea (MOC) <i>Nancy Collop, MD</i>
12:00pm – 1:00pm	Lunch*
1:00pm – 2:00pm	Relevance of Sleep Apnea for Cardiovascular Disease <i>R. Nisha Aurora, MD</i>
2:00pm – 3:00pm	ICSD-3 Update <i>Michael Sateia, MD</i>
3:00pm – 3:15pm	Break
3:15pm – 4:15pm	Restless Legs Syndrome/PLMD <i>Charlene Gamaldo, MD</i>
4:15pm – 5:15pm	Impact of Sleep Apnea on Glucose Metabolism <i>R. Nisha Aurora, MD</i>

SATURDAY, SEPTEMBER 13

7:00am – 8:00am	Continental Breakfast*
8:00am – 8:45am	Non-Respiratory Pediatric Sleep Cases <i>Carol Rosen, MD</i>
8:45am – 9:45am	Test Your Knowledge: General Sleep Disorders (MOC) <i>Raman Malhotra, MD</i>
9:45am – 10:30am	Sleep in Athletes <i>Charles Samuels, MD</i>
10:30am – 10:45am	Break
10:45am – 11:30am	Respiratory Pediatric Sleep Cases <i>Carol Rosen, MD</i>
11:30am – 12:15pm	Sleep in Cancer Patients <i>Charles Samuels, MD</i>
12:15pm – 1:00pm	Lunch*
1:00pm – 2:00pm	Test Your Knowledge: General Sleep Disorders (MOC) <i>David Plante, MD</i>
2:00pm – 2:45pm	Non-CPAP Therapies for Sleep Apnea <i>Raman Malhotra, MD</i>
2:45pm – 3:00pm	Break
3:00pm – 4:00pm	Emerging Diagnostic and Treatments for Insomnia <i>Michael Sateia, MD</i>

4:00pm – 4:45pm Sleep and Psychiatric Disease
David Plante, MD

SUNDAY, SEPTEMBER 14

7:00am – 8:00am Continental Breakfast*

8:00am – 9:00am Circadian Rhythm Disorders
James Wyatt, PhD

9:00am – 10:00am Narcolepsy and CNS Hypersomnias Update
Michael Silber, MBChB

10:00am – 10:15am Break

10:15am – 11:15am Parasomnias
Michael Silber, MBChB

11:15am – 12:15pm Insomnia Cases
James Wyatt, PhD

**These meals are provided; attendees are responsible for all other meals.*

(MOC) – Applications have been submitted to ABIM and ABPN for Maintenance of Certification points or self-assessment CME for these sessions.

HALF-DAY COMPANION COURSE

Attend the Intensive Scoring Review companion course for additional education on scoring. This half-day course is an add-on to the National Sleep Medicine Course; individuals must be registered for the National Sleep Medicine Course in order to participate in this course.

INTENSIVE SCORING REVIEW

September 11 from 1:00pm – 5:15pm

Hyatt Regency O'Hare | Rosemont, IL

Earn up to 4.0 *AMA PRA Category 1 Credits*™

FACULTY

David Plante, MD – Chair

Charlene Gamaldo, MD

During this half-day auxiliary course, faculty will present a detailed review of the basics of sleep study evaluation complementary to the National Sleep Medicine Course. The course will be especially helpful to those seeking a review of signal processing, waveform recognition, and the rules of the *AASM Manual for the Scoring of Sleep and Associated Events*. It is intended for physicians wishing to review the basics of sleep scoring, including staging and event recognition.

This course will incorporate the new rules in the Scoring Manual released July 2014!

INTENSIVE SCORING REVIEW AGENDA

THURSDAY, SEPTEMBER 11

12:00pm – 1:00pm	Registration for Intensive Scoring Review Course
1:00pm – 1:10pm	Introduction and Welcoming Remarks
1:10pm – 1:30pm	Technology of Sleep Studies
1:30pm – 2:15pm	Waveform Recognition
2:15pm – 3:15pm	Sleep Stage Scoring
3:15pm – 3:30pm	Break
3:30pm – 4:00pm	Arousals and EEG Abnormalities
4:00pm – 4:45pm	Respiratory Event Scoring
4:45pm – 5:15pm	Movements and Cardiac Event Scoring

MAINTENANCE OF CERTIFICATION (MOC)

New this year! Earn Maintenance of Certification (MOC) while getting the latest information in sleep medicine. The AASM has applied for MOC self-assessment CME through the American Board of Psychiatry and Neurology and Part II MOC points through the American Board of Internal Medicine. Credit is not guaranteed until approval is received.

CONTINUING MEDICAL EDUCATION (CME)

The American Academy of Sleep Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

This course has been planned and implemented in accordance with the Essential Areas and Their Elements of the ACCME by the American Academy of Sleep Medicine.

The AMA Council on Medical Education mandates that accredited providers only offer AMA PRA Category 1 Credits™ to physicians. The AASM will issue non-physicians a letter of attendance for activities designated for AMA PRA Category 1 Credits™.

The American Academy of Sleep Medicine designates the National Sleep Medicine Course as a live activity for a maximum of 22.50 AMA PRA Category 1 Credits™ and the Intensive Scoring Review course as a live activity for a maximum of 4.00 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

ATTENDEE INFORMATION

HOTEL RESERVATIONS



Space is limited, so please make reservations well in advance; the group rate will no longer be available if all rooms in the block sell out.

Hotel:	Hyatt Regency O'Hare 9300 Bryn Mawr Ave Rosemont, IL 60018
Rate:	\$159/night plus taxes
Cut-off Date:	August 15, 2014
Reservations:	Reserve your room online at www.aasmnet.org/events.aspx , or contact the hotel by calling (847) 696-1234; to receive the discounted group rate, you must identify yourself as part of the AASM National Sleep Medicine Course.
Check-in time:	3:00pm
Check-out time:	12:00pm

CHICAGO AIRPORT TRANSPORTATION



This hotel is minutes from Chicago O'Hare International Airport. Save on your airfare by booking with our official travel agent: Direct Travel Inc. Call toll-free (800) 526-4540, Monday–Friday from 8:00am–5:00pm Central, or email res@ctsinc.com and reference the AASM. Airfare savings are subject to availability; we suggest you make your arrangements as soon as you receive your registration confirmation.

COMPLIMENTARY SHUTTLE SERVICE



Hyatt Regency O'Hare runs a complimentary shuttle every 20 minutes from the hotel to Chicago O'Hare International Airport. Follow the red shuttle signs at the airport to the designated pick-up area, O'Hare bus / Shuttle Center Door One. Shuttle buses are purple with white signage that reads Hyatt Regency O'Hare. For airport transportation from the international terminal, guests must call the hotel directly.

TAXI FROM O'HARE



Service is available on a first come, first served basis from the lower level curbs of all terminals. All taxis are metered.

Approximate cost of a trip from O'Hare to Hyatt Regency is \$10 - \$12.

LOCAL TRANSPORTATION



The newly renovated Hyatt Regency O'Hare hotel is conveniently located close to the EL-Train. Attendees can take the complimentary airport transportation to O'Hare and get on the train there, or they can take a short walk to the nearby Rosemont Station. From either station, attendees can be in downtown Chicago in 25-30 minutes. Chicago EL maps and train schedules can be found at the Hyatt Regency O'Hare concierge desk.

MEALS



Meals provided by the AASM are available for registered attendees only; guests of attendees will not be permitted to participate in meal functions. **Any specific dietary needs must be made at the time of registration.** Every effort will be made to accommodate attendees, but the AASM cannot guarantee all requests can be met. AASM staff will follow up to discuss options and instructions.

RECORDING



Photographing and/or recording, of any kind, of sessions and speakers at the course is strictly prohibited.

ELECTRONIC COURSE MATERIALS



The AASM will provide course materials only in electronic format. Attendees will be provided with a thumb drive containing course materials at the course. Prior to the course, attendees will be allowed to download and print, if preferred, course materials.

Please Note: The AASM will not supply computers or tablets to view the materials or power for computers or tablets. For attendees wishing to view the course materials on their laptops or tablets, it is imperative that attendees have them sufficiently powered prior to arrival at the course each day.

REGISTRATION DETAILS

3 EASY WAYS TO REGISTER



ONLINE (*credit card only*)
www.aasmnet.org/events.aspx



FAX (*credit card only*)
(630) 737-9789



MAIL (*check or credit card*)
American Academy of Sleep Medicine
Attn: Meeting Department
2510 North Frontage Road
Darien, IL 60561

CONFIRMATION AND REGISTRATION DISCLAIMER

Registration is limited. Please register early. Confirmation letters will be sent via email within one week of receipt of registration form and payment. All attendees must pre-register; **on-site registration will not be accepted**. The AASM will not be held liable if an individual purchases an airline ticket before receiving confirmation of registration for a course.

CANCELLATION POLICY

Written notification must be submitted to the AASM meeting department for registration cancellation. A \$50 administrative fee will be withheld on cancellations postmarked prior to **Friday, August 22, 2014** for the *National Sleep Medicine Course, including the Intensive Scoring Review course*. After that date, no refunds will be available. Refunds are not provided to no-shows. The AASM reserves the right to cancel this course and provide a full refund should conditions warrant. The refund will only include the cost of registration for the event.

WEATHER CANCELLATION POLICY

In the event that a registrant is unable to attend a course due to severe weather forcing airline cancellations or airport closures, the American Academy of Sleep Medicine will apply 50 percent of the individual's

registration fees toward another AASM course (excluding the SLEEP meeting) held within 12 months. Registrants will need to provide documentation from the airport or airline confirming the inability to travel due to severe weather within 30 days following the course. The American Academy of Sleep Medicine will not apply this policy to the SLEEP meeting, as the length and nature of the meeting allows for registrants to attend a portion of the event regardless of severe weather.

REGISTRATION CATEGORIES

AASM MEMBERS

To register as a member, the registrant must currently be an individual member of the American Academy of Sleep Medicine (AASM). If the AASM is unable to confirm that the individual is a member of the AASM, the individual will be registered as a nonmember at the prevailing fees.

AASM CENTER MEMBER STAFF

To register as an employee of an AASM center member (maximum of four registrants), the registrant must be currently employed at an active member sleep center of the AASM. If the AASM is unable to confirm the center as an active member of the AASM, the individual will be registered as a nonmember at the prevailing fees.

NONMEMBERS

Join and save! If you are not an individual member of the AASM and would like to become one, join the AASM and receive instant savings including reduced course registration fees, journal subscriptions and much more. Visit the AASM website at www.aasmnet.org/membership.aspx for membership information including a complete listing of benefits and description of all membership categories. Membership is on a calendar-year basis (January 1–December 31).

**PRORATED DUES NOW AVAILABLE FOR
CENTERS AND INDIVIDUALS!**

REGISTRATION FORM

Registration Information *(Please print or type clearly)*

Last Name _____

First Name _____ Degree(s) _____

Address _____

City _____ State _____

Zip/Postal Code _____ Country _____

Phone _____ Fax _____

Email _____

(email required to receive confirmation)

Special Needs/Accommodations _____

Dietary Needs* Kosher Vegetarian Vegan
 Gluten Free Dairy Free

**AASM cannot guarantee all requests can be met. Staff will follow up to discuss available options and instructions.*

Specialty *(Check all that apply)*

Sleep Medicine Anesthesiology Family Practice
 Internal Medicine Neurology Nursing
 Otolaryngology Pediatrics Psychiatry
 Psychology Pulmonary Medicine

Other _____

How did you hear about this course? *(Check all that apply)*

Website Email Colleague Mailing

Other _____

Attendee List Permission *(Check one)*

Yes No I give my permission to include my contact information on an attendee list to be distributed to course attendees.

Yes No Are you a resident physician?

Audience Response System *(Check one)*

Several AASM courses include an audience response system. Speakers have multiple choice questions in their presentations and poll the audience. Each attendee uses a keypad to submit his/her answer. The speaker is then able to display the responses. The keypads are distributed to attendees when they check in at the course. Each device has a unique identification number linking each course attendee to a specific device. There is no charge for participating unless you do not return your keypad at the end of the course. If you fail to return

the response device you will be charged an \$80 replacement fee. Participation in the Audience Response System is voluntary; it will not affect your CME or any other aspect of participation in the course. Do you agree to participate in the audience response system for the course(s) for which you are registering?

- I agree I do not agree

Prorated Membership Dues for Nonmembers (Check one)

Membership dues are based on the date that the registration is received by the AASM national office. Membership will be valid through December 31, 2014.

- Regular Members \$175 Affiliate Members \$175
 Student Members \$35 Affiliate Industry Members \$350
 Center Members \$550

Registration Rates (Check the appropriate registration fee)

Registration rates are based on the date that the registration is received at the AASM National Office.

National Sleep Medicine Course Only

	On or before August 15, 2014	After August 15, 2014
AASM Member/ Center Member*	<input type="checkbox"/> \$1,000	<input type="checkbox"/> \$1,100
Nonmember	<input type="checkbox"/> \$1,200	<input type="checkbox"/> \$1,300

National Sleep Medicine Course AND Intensive Scoring Review

	On or before August 15, 2014	After August 15, 2014
AASM Member/ Center Member*	<input type="checkbox"/> \$1,200	<input type="checkbox"/> \$1,345
Nonmember	<input type="checkbox"/> \$1,495	<input type="checkbox"/> \$1,640

**If registering as an employee of an AASM center member, please provide the name of your facility and your accreditation/membership number.*

Facility Name _____

Accreditation/Member Number _____

Method of Payment (Check one)

Check made payable to the AASM (U.S. funds drawn on a U.S. bank)

Credit Card VISA MasterCard American Express

Card # _____ Exp. Date _____ Validation Code** _____

Cardholder's Name _____

Billing Address _____

Signature _____ Date _____

***For VISA or MasterCard, the validation code is the last 3 numbers in the signature box. For American Express, the validation code is the 4 numbers above the credit card number.*



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ACTIVITIES ONLY A FEW STEPS FROM THE HOTEL



FASHION OUTLETS OF CHICAGO

With more than 120 stores and restaurants the Fashion Outlets of Chicago is a fun way to spend the day.



MB FINANCIAL PARK

Visit MB Financial Park for lively bars, live music, casual outdoor dining and even a bowling alley.



TAKE THE EL - TRAIN TO DOWNTOWN CHICAGO

Stop by the Conceirge desk and ask for directions and events happening in downtown Chicago.



American Academy of Sleep Medicine
2510 North Frontage Road
Darien, IL 60561-1511

National Sleep Medicine Course

September 12 – 14, 2014

Add-on Companion Course!
Intensive Scoring Review
September 11, 2014

REGISTER EARLY TO SAVE!
www.aasmnet.org/events.aspx

