

Private Medical Insurers Requiring AASM Accreditation
Compiled: July 17, 2006

Provider

BlueCross BlueShield of Tennessee

State(s) Covered

Tennessee

Language

“Sleep studies must be performed in a place of service certified as required by applicable state and federal regulations, and accredited by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO) and/or accredited by the American Osteopathic Association (AOA) and/or accredited by the American Academy of Sleep Medicine. The evaluating physician and staff are required to have specialized training that meets the standards set forth by the American Academy of Sleep Medicine.”

Provider

BlueCross BlueShield of Oklahoma

State(s) Covered

Oklahoma

Language

“It is recommended that sleep studies be performed in facilities accredited by the American Academy of Sleep Medicine (AASM) may be considered medically necessary.”

Provider

BlueCross BlueShield of Florida

State(s) Covered

Florida

Language

“Sleep Studies and polysomnography are covered when the sleep study AND/OR polysomnography is performed in a specialized sleep center that is either certified by the American Sleep Disorders Association -ASDA (e.g., sleep clinic or lab) OR affiliated with a hospital.”

Provider

BlueCross BlueShield of Louisiana

State(s) Covered

Louisiana

Language

“Requires sleep studies to be certified through either Joint Commission on Accreditation of Healthcare Organizations (JCAHO) or American Academy of Sleep Medicine. Soon we will accept only sleep study facilities certified through AASM.”

Provider

BlueCross BlueShield of Illinois

State(s) Covered

Illinois

Language

It is recommended that sleep studies be performed in facilities accredited by the American Academy of Sleep Medicine (AASM) may be considered medically necessary.

Provider

BlueCross BlueShield of New Mexico

State(s) Covered

New Mexico

Language

It is recommended that sleep studies be performed in facilities accredited by the American Academy of Sleep Medicine (AASM) may be considered medically necessary.

Provider

BlueCross BlueShield of Texas

State(s) Covered

Texas

Language

It is recommended that sleep studies be performed in facilities accredited by the American Academy of Sleep Medicine (AASM) may be considered medically necessary.

Provider

BlueCross BlueShield of Kansas

State(s) Covered

Kansas

Language

BCBSKS encourages sleep study facilities to become accredited through the American Academy of Sleep Medicine (AASM) and physicians to be board certified in sleep medicine.

Provider

Bluegrass Family Health, Inc.

State(s) Covered

Kentucky

Language

Polysomnography is a covered benefit when performed in an accredited facility by a certified sleep technician and ordered by a physician for members

Provider

CHA Health

State(s) Covered

Kentucky

Language

Sleep Studies must be performed at a center certified by the American Academy of Sleep Medicine

Provider

Dean Health Plans

State(s) Covered

Southern Wisconsin

Language

Will only perform and reimburse polysomnograms performed in a sleep lab that is accredited by the American Academy of Sleep Medicine

Provider

Independence Blue Cross

State(s) Covered

Southern Pennsylvania

Language

Sleep Studies must be performed at a certified contracted sleep study facility

Provider

LifeWise Health Plan of Arizona

State(s) Covered

Alaska, Arizona, Oregon, Washington

Language

Sleep testing in the home or in accredited sleep testing facility may be considered medically necessary for individuals who have subjective complaints about excessive daytime sleepiness or who manifest other symptoms of sleep disordered breathing. Such tests must be interpreted by board certified sleep medicine specialists, physicians affiliated with accredited sleep medicine laboratories or centers

Provider

Medical Mutual

State(s) Covered

Ohio

Language

Diagnostic and therapeutic services performed by sleep disorder clinics are considered reimbursable when the clinic is either affiliated with a hospital or under the direction of a physician who is a diplomat of the American Board of Sleep Medicine

Provider

BlueCross BlueShield of Montana

State(s) Covered

Montana

Language

Requires that sleep centers and labs contracted becomes AASM accredited within one year of contract
